



ADRENALINE HIGH ROLLERS PLAYER CHECKLIST

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|--|---|
| <input type="checkbox"/> Lacrosse Stick** | <input type="checkbox"/> Athletic Shorts |
| <input type="checkbox"/> Lacrosse Protective Equipment (field players)
<i>(helmet, shoulder pads, elbow guards, gloves, rib guard)</i> | <input type="checkbox"/> Pajamas |
| <input type="checkbox"/> Lacrosse Goalie Protective Equipment (goalies)
<i>(helmet w/ throat guard, chest protector, gloves with extra thumb padding)</i> | <input type="checkbox"/> Sweatshirt/Jacket |
| <input type="checkbox"/> Protective Cup (boys only) | <input type="checkbox"/> Underwear |
| <input type="checkbox"/> Mouthguard | <input type="checkbox"/> Socks |
| <input type="checkbox"/> Cleats (not metal cleats) | <input type="checkbox"/> Swim Trunks/Bathing Suit |
| <input type="checkbox"/> Running Shoes/Sneakers | <input type="checkbox"/> Sandals/Flip Flops |
| <input type="checkbox"/> Water Bottle | <input type="checkbox"/> Beach Towel |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Toiletries (shampoo, soap, toothbrush, etc) |
| <input type="checkbox"/> T-Shirts | <input type="checkbox"/> Fan |
| | <input type="checkbox"/> Spending money for food/vendor village
(featuring ) |

ADRENALINE LACROSSE WILL BE PROVIDING A NUMBERED JERSEY FOR ALL PLAYERS. PLAYERS WILL RECEIVE THE NUMBERED JERSEY AT CHECK-IN. THIS JERSEY WILL BE HOW COLLEGE COACHES IDENTIFY PLAYERS.

**NOTE: Men's and Women's field lacrosse sticks are different. Please sure to bring the correct stick according to gender. Also, goalies should bring an appropriate stick.